

Oldest Sister

This person decides what foods you will have for your meals, how often to eat, how to prepare the meals, and how to get more food while you are on the trails. Make sure Father is packing the supplies you might need in order to prepare these meals.

What will you eat for your meals?	<u>Breakfast</u>
	<u>Lunch</u>
	<u>Dinner</u>
How will you get food when you run out?	
What supplies will you need to cook these meals?	